**DSF FORMULA**

**Ingredients:** Adrenal 25mg, Thymus 70mg, Spleen 20mg, Stomach 10mg, Parotid 80mg, Vitamin C 175mg, Vitamin B2 15mg, Vitamin B6 10mg, Niacinamide 15mg, Pantothenic Acid 105mg, Grape Seed Extract 1mg, Lemon Bioflavonoids 225mg, L-Tyrosine 175mg, Magnesium Oxide 75mg, Zinc Chelate 5mg, Chromium Chelate 50mcg, Potassium Chelate 10mg, Chlorella 50mg.

**Supportive Function:** DSF Formula is the perfect supplement to be chosen in stressful times! Glandulars, vitamins, minerals, antioxidants, and phytochemicals synergistically work together to support the various energy-producing systems of the body.

**When is adrenal support helpful?** Stress and conditions caused by stress, fatigue, lethargy, weakness, mental fuzziness, irritability, and inability to handle everyday tasks. May also be beneficial in hypotension or hypoglycemic problems.

**Clinical Applications/Research:**

**Glandulars:** Hans Selye reports that during stress the stomach ulcerates and the spleen and thymus atrophy. Parotid glandular aids in heavy metal detoxification.

**Vitamin C:** Vitamin C is found in the largest concentration in the adrenal gland. Vitamin C maintains promotes thymic hormone secretion, acts as an antioxidant, aids in the metabolism of tyrosine, folic acid and tryptophan, stimulates adrenal function, aids in thyroid hormone production and cholesterol metabolism, acts as a detoxifier of certain metals and drugs, recycles other hydrogen donors such as vitamin E, and aids in phagocytosis (digestion of damaged, dead or foreign cells).

**B vitamins:** The B vitamins are also essential for the proper functioning of the endocrine glands, most notably the adrenals and the thyroid. The adrenals are nicknamed our “antistress glands,” and the thyroid is nicknamed the energy gland, as it regulates the basal metabolic rate of almost every cell in the body. The B vitamins are needed for healthy liver functioning, and the liver is one of the highest concentrated areas of B vitamins. The organ we know as the skin depends on B vitamins for its healthy appearance. The Bs are also essential for hair, eyes and mouth; a deficiency of the Bs can manifest in patchy scaly skin around the mouth area. They are also necessary for normal functioning of the nervous system, and essential for maintenance of muscle tone in the gastrointestinal tract. Vitamin B-5, or pantothenic acid, functions as part of the molecule called Co-enzyme A or CoA. It is vital for optimal adrenal activity (including increasing production of cortisone and other adrenal hormones), important for healthy skin and nerves, and supports the synthesis of acetylcholine (a neurotransmitter), fatty acids, cholesterol, steroids, and phospholipids. It is known as one of the main anti-stress vitamins and can be made by the bacterial flora in the intestines.

**Tyrosine:** A precursor to epinephrine, norepinephrine and thyroxine.

**Zinc and Chromium:** Necessary for proper pancreas functioning.

**Chlorella:** Potent binder of heavy metals.

**Potassium:** Essential in proper adrenal functioning.
**Testimonials/Nutrient Tidbits:**

**Adrenal crisis:** A doctor reports . . . a patient of mine was on 27 drugs; she had a cervical trauma, history of myasthenia gravis, amenorrhea, lupus, and fainting spells. She went into the hospital with fainting spells, no appetite, and dementia problems. After the doctors did blood test, they wanted to do a biopsy to remove the adrenal glands. She took 4 DSF and was released from the hospital the next morning. The doctors said she was fine. – (Catherine Valen, D.C. Nederland, CO.)

**AK muscle weakness:** Check any indicator muscle. If it goes weak have the patient chew a DSF tablet and test the weakness again. Invariably the muscle will become strong. This indicates that the weakness is due to adrenal fatigue. Structural manipulation is still necessary, but the adrenal support will go a long way in holding the weak indicator muscle.

**Thyroid support:** I like this formula and find that the ingredients also enhance thyroid function.

**Sexual drive:** A Colorado doctor reports that a patient uses DSF for increased libido.

**A doctor reports:** DSF is “incomparable”; had chronic fatigue for 5 years before addressing support of the adrenal gland with DSF. – (Bonnie Peltonen, D.C. Grand Junction, CO.)

**A doctor reports:** I haven’t seen a case where DSF didn’t work. (Richard Ramos, D.C. Stratton, CO.)

**Another doctor reports:** “Here is just one of the success stories we have experienced since starting with Nutri-West products…Laura had a skin condition, was very tired and depressed. Laura had a rash that appears like a burn all over her face, hands and chest for over 10 years… On her initial visit she tested positive for parasites and lead. Giving Laura a magnet and DSF quickly began to restore her energy, along with the following: Total Lead, Homocysteine Redux, Total Enzymes, Total Leaky Gut, Total Para, Total Probiotics, and Black Currant Seed Oil. By June, Laura had significant improvement and wears makeup for the first time in her life…her rash has cleared up completely.” - (Colin R. Dingle, D.C. Santa Cruz Chiropractic).

**Fibromyalgia:** Your DSF Formula supplement has changed my life. You see my wife suffers from Fibromyalgia. We have tried so many different things to help her with the discomforts associate with the syndrome. A combination with an aggressive exercise routine and your DSF Formula seems to work the best for us. (Eric Johnson)

**Suggested Dosage:** ½ tablet in a.m. and ½ tablet at lunch or as much as 3 tablets daily

**Size:** 60 or 120 tablets

**Vegetarian:** No

**Contraindications:** High dosages of vitamin C (>1000 mg.) should not be taken by gout patients or by kidney stone formers. Vitamin C is contraindicated in iron overload disease.