

TOTAL YST REDUX

Ingredients: Lactobacillus 1 million units, Caprylic Acid 50mg, Grapefruit Seed Extract 100mg, Garlic 25mg, Berberis Aquifolium 100mg, Aloe Vera 25mg

Supportive Function: Total Yst-Redux is a special formulation of herbs, vitamins and minerals, which is nutritionally helpful against fungal infections, candida and yeast.

When is yeast support helpful? Candidiasis and related symptoms, including food allergies, PMS, lowered immune reactions, lethargy, headaches, and overall sick feeling; candidiasis causes a toxin overload that can be manifested in a lot of different diseases.

Clinical Applications/Research: **Lactobacillus** is good bacteria. They keep bad bacteria and fungal organisms like candida at bay.

Caprylic Acid is listed in the Merck index as an antifungal. It is effective in the treatment of candida, and is described by a leading authority on candida as, “a short chain, saturated fatty acid found to have anti-fungal activity, whose efficacy approaches that of nystatin” (Crook, W. MD. The Yeast Connection. 1983. Professional Books, Jackson, Tenn. pp. 352-53).

Grapefruit Seed Extract has been proven to be effective against intestinal pathogens, most notably candida. In one study of 15 patients, it exhibited strong efficacy against candida (without affecting the good bacteria), and patients experienced significant improvement (J Orthomol Med 1990; 5:155-157).

Garlic fights a broad range of infectious organisms, including candida, viruses, bacteria, protozoa, and parasites. Garlic is so effective that, “Neither Nystatin, nor amphotericin B... displayed such a high activity as garlic juice (against Candida)” (Crook, W. MD. The Yeast Connection. Professional Books, Jackson, Tenn. pp. 355-356). Garlic’s antibacterial characteristics have been tested even against drug-resistant varieties, and shown to have therapeutic activity (Indian J Med Res 1991; 93:33-6).

Berberis Aquifolium known also as Oregon grape root acts as a tonic on the liver and gallbladder, and can remedy systemic imbalances.

Aloe Vera is a demulcent, an antifungal, and a helminthic (expels worms), and soothing to the gastrointestinal tract. It inhibits candida; it contains acemannan, which is the polysaccharide component thought to be antiviral and immune enhancing.

Testimonials/Nutrient Tidbits: **Many doctors...** Works great for yeast problems – great formula!

Suggested Dosage: 1-2 tablets 3 times daily or as directed

Size: 60 tablets

Vegetarian: Yes

Contraindications: Garlic and grape seed extract in large quantities are contraindicated with anticoagulant drugs (only small amounts of each are used in this synergistic formula). Do not use during pregnancy.